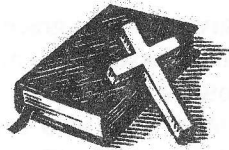


"My answer is prayer. What we need is for every Parish to come before Jesus in the Blessed Sacrament in Holy Hours of prayer."

~Mother Teresa of Calcutta~



*The fruit of silence is PRAYER
The fruit of prayer is FAITH
The fruit of faith is LOVE
The fruit of love is SERVICE
The fruit of service is PEACE*

My God, I believe in Thee, I adore Thee, I hope in Thee. I ask pardon for all those who do not believe in Thee, do not adore Thee, do not hope in Thee and do not love Thee. Amen

With the Blessed Sacrament suspended in the air, the Angel at Fatima prostrated himself, and recited this prayer:

O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for all the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners. Amen

M e t h o d s o f P r a y e r s

Over the course of centuries Christians have found various "methods" of prayer helpful. One is not better than another. It's simply a matter of finding the one that suits you best. It is always beneficial to take time before the Lord in the Blessed Sacrament to pray. Here is a shorthand version of some time-proven methods of prayer.

Vocal Prayer: Using traditional words (Our Father, Hail Mary, etc.) to connect with God.

Scriptural Prayer: Taking a passage of Scripture and opening oneself to whatever God speaks through it.

Meditation: Thinking about any religious truth and mulling it over, not alone, but with the Lord.

Contemplation: Simply being in the presence of God and knowing it.

Liturgical Prayer: Participating in the Eucharist or any of the official prayers of the Church and experiencing the presence of Christ in the whole assembly.

CAN YOU COMMIT TO ONE HOUR A MONTH WITH OUR LORD?

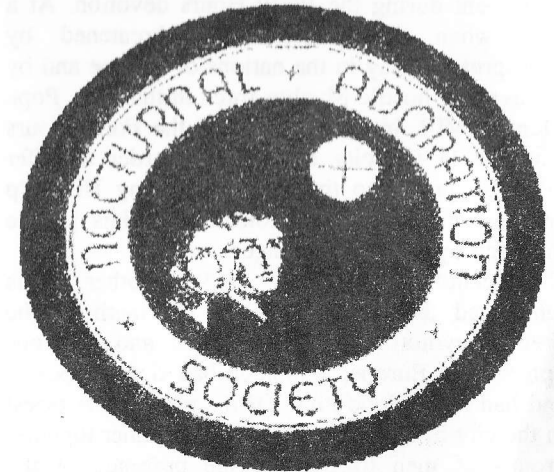
Need more information? Call the St. James Church Rectory at 493-3224.

**MAKE A DIFFERENCE IN YOUR LIFE
and that of the WORLD.**

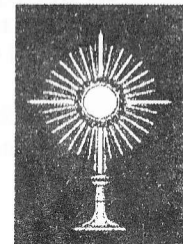
COME AND ADORE HIM!



Nocturnal Adoration Society



*Come Spend An Hour
With Me!*



*at St. James Church every
First Friday*

Where did Nocturnal Adoration come from?

The Nocturnal Adoration Society developed from the practice of night adoration of the Blessed Sacrament during the Forty Hours devotion. At a time when the Church was threatened by widespread heresy in the nations of Europe and by an invading hostile Muslim force in the East, Pope Clement VIII, in 1595, instituted the Forty Hours devotion in the city of Rome in order to offer incessant prayer to the Lord, imploring His help and His grace for the protection of His people menaced by such grave danger.

Two centuries later, in 1809, another crisis threatened the Church. In the aftermath of the French revolution, in the political and religious upheaval in Europe, Napoleon had risen to power and had made Pope Pius VII his prisoner. A priest in the city of Rome was inspired to gather together groups of men to pray in the presence of the Blessed Sacrament during the night hours in the churches of Rome. The response to his idea was so enthusiastic that in a short time there were groups meeting for prayer every night of the year in the churches where the Blessed Sacrament was exposed.

During the civil unrest of 1848, a Carmelite monk obtained approval from the Archbishop of Paris to form a Nocturnal Adoration Society in that city. Its growth spread to Spain and in that short time 500 centers developed with more than 100,000 members. From Spain the Society traveled to the countries of South America and to Mexico. From Mexico it crossed into Texas and California in the United States.

Today the Nocturnal Adoration Society is established in 36 countries and counts over 1,000,000 members.

All that is required to be a member is a commitment of one hour per month.

How is this practice affecting St. James/St. Mary's?

Early in the twentieth century, St. James Parish had organized a group of men, women, and children who dedicated an hour every first Friday to the Lord. They formed the society known as the Nocturnal Adoration Society.

Currently, at St. James and at St. Mary's we have reinstated the Nocturnal Society. This practice has been organized to allow adorers to pray in front of the exposed Eucharist in the Monstrance every first Friday of each month beginning with 9:30 am mass on Friday and ending with Benediction at 7 am Saturday morning.

With the conclusion of the 'Year of the Eucharist' it was suggested by the Spiritual Committee of both parishes that it was time we united our efforts and bring back the practice of the Nocturnal Adoration Society which allows parishioners the opportunity every first Friday to be with the Lord for nearly 24 hours in this special way!

WE NEED YOUR PARTICIPATION!

We are not merely asking you to join. But are asking you to do yourself a favor by committing to an hour a month. The graces that one receives from this practice are numerous, as promised by Our Lord, himself.

"THIS IS MY BODY... THIS IS MY BLOOD."



*We need committed adorers, any hour,
from 9:30 mass until 7 am
(Benediction) on Saturday morning.
However, we especially need them
during the 12-6am hours.*

What are the rewards and what's in it for me?



First of all, Jesus has requested it. In an apparition to St. Margaret Mary Alacoque, Jesus spoke these moving words;

"I have a burning thirst to be honored by men in the Blessed Sacrament."

Second, Jesus gives us His graces. Jesus calls out to us from the Blessed Sacrament as He did to His early followers;

"Come to Me all of you who are weary and find life burdensome and I will refresh you."

Third, you will find a truly awesome relationship building between you and the Lord like never before.

Fourth, every Pope throughout the past century has called all people of the universal church to come to the Savior found present in the Eucharist. Your presence in front of Him builds community, it brings peace, and Mother Teresa stated; *"...this will be the best time you can spend on earth!"*

Finally, parishes who have dedicated themselves to this practice will tell you that their parish has come alive, has become financially sound, has found numerous conversion of hearts, and healing of their sick. It has been promised to bring about the uplifting of thousands of souls out of Purgatory, has brought the answer to personal problems, has increased vocations, given miraculous protection to the unborn ...

THE LIST IS ENDLESS.

With all this, why wouldn't you commit to just one hour?